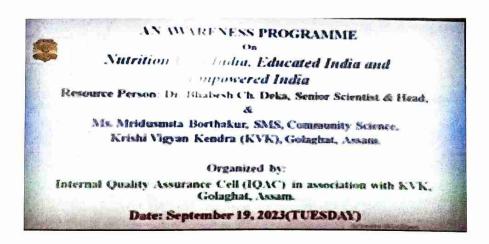
3.4.3 (2023-2024)

Daylong workshop on Nutrition India, Educated India and Empowered India

On September 19, 2023 the IQAC conducted a significant workshop at Mahendra Nath Memorial, focusing on Nutrition India, Educated India, and Empowered India. The event aimed to address pressing issues related to nutrition, education, and empowerment in India. Mrs. Mridusmita Borthakur, a Subject Matter Specialist (SMS) from Krishi Vigyan Kendra (KVK), Golaghat, Assam, participated as a Resource Person, sharing her expertise and insights on these vital subjects. Mrs. Borthakur highlighted the importance of nutrition in enhancing the overall health and productivity of communities. She extensively touched upon the issue of malnutrition in India and the world in general, particularly among children and women in rural areas. She laid emphasis on promoting kitchen gardens and local agricultural practices that can enhance food security and nutrition. Highlighting the need for educational campaigns to raise awareness about balanced diets, micronutrients, and the benefits of consuming locally sourced foods, Mrs. Borthakur stressed the need for equitable access to education, particularly for girls and marginalized communities. The workshop concluded with an interactive session where participants shared their experiences and challenges related to nutrition, education, and empowerment.

Snapshot dof the Daylong Workshop on 19th Sep, 2023





Managara Contrassan

Food Mela Cum Entrepreneurship Development Programme among students of Different Departments

Kamargaon College, Golaghat, Assam hosted a Food Mela Cum Entrepreneurship Development Programme on October 10, 2023. The programme aimed at fostering entrepreneurial skills among students while promoting ethnic food. This initiative was part of the college's commitment to enhance students' understanding of entrepreneurship and to celebrate the rich culinary heritage of the region. The primary objectives of the event were to encourage entrepreneurship among students and promote the diversity and richness of ethnic foods. Through the programme, efforts were made to provide a platform for students to showcase their culinary skills and entrepreneurial ideas. The programme featured esteemed resource persons: Mrs. Mridusmita Borthakur and Dr. Bhoirab Gogoi, both Subject Matter Specialists (SMS) from KVK, Golaghat. Dr. Bhabesh Chandra Deka, Head of KVK and Associate Professor, who provided insights into agricultural practices and sustainable entrepreneurship. The programme commenced with an inaugural speech that highlighted the importance of entrepreneurship in today's economy and the role of ethnic food in promoting cultural heritage. Students from different departments set up stalls showcasing a variety of ethnic dishes, reflecting the culinary diversity of Assam. This not only provided students with practical experience in managing a food business but also attracted visitors from the college and the local community. The resource persons visited each stall of the departments and gave their valuable feedback. At the conclusion of the event, awards were given to the best food stalls and innovative business ideas, encouraging students to pursue their entrepreneurial dreams. The IQAC, Kamargaon College extends its gratitude to all participants, resource persons, and volunteers who contributed to the successful organization of this event. The college looks forward to hosting more such initiatives in the future to further promote entrepreneurship and cultural heritage

Snapshot of Food Mela Cum Entrepreneeurship Development on 10th Oct, 2023



Mind Referen





KAMATGAON TRESING

Free Eye Checking Camp for People of the entire Kamargaon Locality

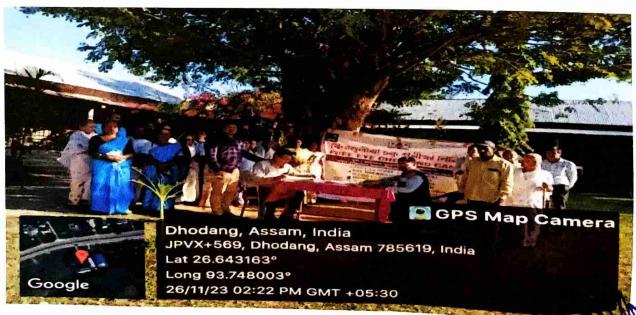
A Free Eye Checking Camp was held on November 26, 2023, at Gyanydoy High School, Kamargaon, to provide free eye care services to the local community. The program was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with Lions Eye Hospital, Jorhat, and VKNRL, Golaghat. The camp aimed to raise awareness about eye health and offer free eye checks to residents of Kamargaon.

A total of 154 participants attended the camp, where they received comprehensive eye exams conducted by expert ophthalmologists. Participants were also provided with advice on eye care and preventive measures. Those requiring further treatment or spectacles were referred to the Lions Eye Hospital.

The event was a significant in promoting health awareness and providing essential services to the community. Organizers expressed gratitude to all partners and volunteers who made the camp a valuable initiative for the people of Kamargaon.

Snapshota of Free Eye Checking Camp on 26th Nov, 2023





Workshop on Vermi Compost and Mushroom Development

On April 9, 2024, Kamargaon College organized a daylong workshop focused on Vermi Composting and Mushroom Development. This event aimed to enhance students' understanding of sustainable agricultural practices and promote innovative farming techniques. The workshop featured resource persons who are 6th-semester B.Sc. Agriculture students from Assam Agriculture University, Jorhat. The workshop focused on educating participants about the principles and practices of vermicomposting, introducing the techniques of mushroom cultivation as an alternative source of income and encouraging sustainable agricultural practices among students and the local farming community. The workshop commenced with an introductory session highlighting the importance of organic farming and waste management. The resource persons presented detailed insights into Vermicomposting and explained in detail vermicomposting process and its benefits for soil health. They also arranged demonstration of the materials required for setting up a vermicompost system and initiated Hands-on activity where participants engaged in creating small-scale vermicompost bins. Further, they discussed in detail about Mushroom Development and gave an overview of various mushroom species suitable for cultivation, with a focus on oyster and button mushrooms. They provided step-by-step guidance on the mushroom growing process, including substrate preparation, inoculation, and harvesting. Discussions were held on the nutritional benefits of mushrooms and their role in enhancing food security. The workshop was highly interactive, with participants encouraged to ask questions and share their experiences related to composting and mushroom cultivation. Group discussions facilitated knowledge sharing and stimulated interest in these sustainable practices. Thus, the workshop on Vermi Compost and Mushroom Development successfully provided valuable insights into sustainable agricultural practices. The participation of 74 students and other attendees from AAU not only enhanced the learning experience but also fostered a sense of community among aspiring agricultural professionals. The event concluded with a vote of thanks from the organizers, expressing gratitude to the resource persons and participants for their active involvement.



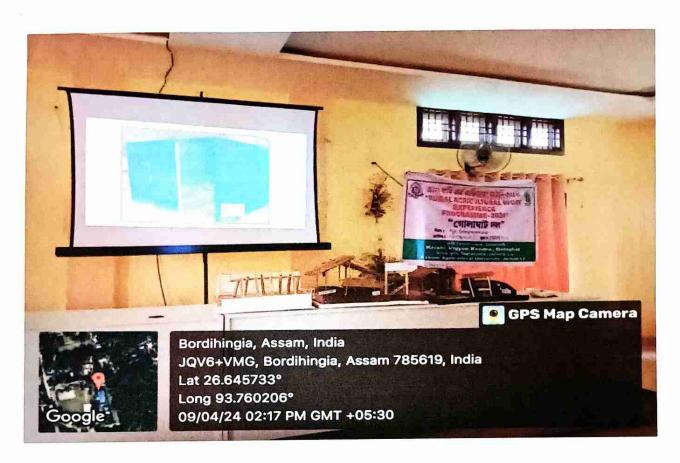
Snapshot . of Workshop on Vermi Compost and Mushroom Developmnt on 9th April, 2024

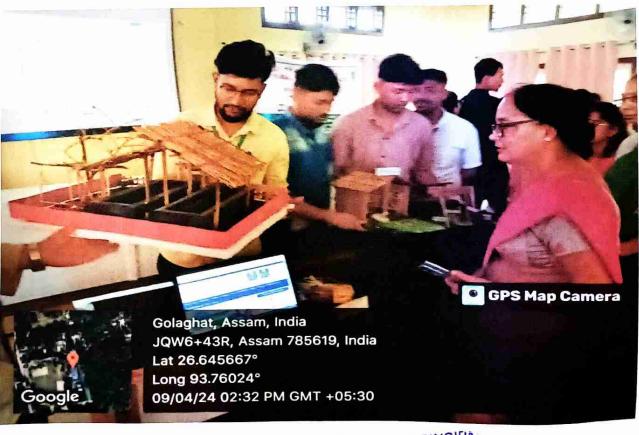






Snapshot . of Workshop on Vermi Compost and Mushroom Developmnt on 9th April, 2024







Celebration and plantation on the occasion of World Environment Day in the College Campus and in Panidihingia L.P School

On June 5, 2024, World Environment Day was celebrated by the NSS (National Service Scheme) and IQAC (Internal Quality Assurance Cell) of the college, with a special focus on raising awareness about environmental sustainability and promoting tree plantation.

The day began with an opening ceremony in the college campus, where the Chief Guest, along with faculty members and student volunteers, highlighted the importance of protecting the environment. The theme for this year's celebration was "Revitalize Our Ecosystems," which resonated with the growing global concern about climate change and habitat loss.

Following the inaugural address, a tree plantation drive was organized. A total of 50 saplings, including fruit-bearing and medicinal plants, were planted in designated areas of the campus. The participants, including students and staff members, actively participated in planting the saplings, each of which was carefully nurtured with water and labelled for easy identification.

In the afternoon, a group of 40 NSS volunteers and faculty members travelled to Panidihingia L.P. School, where they conducted a similar plantation activity. The school students, along with the volunteers, planted 30 saplings in the school grounds, engaging in an informative session about the significance of trees in maintaining ecological balance.

Both events were aimed at fostering a sense of environmental responsibility among the participants. The plantation activities not only contributed to the green cover of the area but also served as a reminder of the importance of collective action in the fight against climate change.

Snapshot of Plantation Programme on 19th Sep, 2023





Free Health Camp at Goroimari High School for the people of the greater Kamargaon College

A Free Health Camp was successfully organized on June 6, 2024, at Goroimari High School for the people of the greater Kamargaon College area. The event was jointly organized by the Internal Quality Assurance Cell (IQAC) and the National Service Scheme (NSS) unit of Kamargaon College, in association with VKNRL, Golaghat.

The primary objective of the health camp was to provide free healthcare services and raise awareness about various health issues in the community. A total of 160 participants from nearby villages attended the camp, availing of free medical checkups and consultations. The camp featured a team of qualified doctors and healthcare professionals who conducted general health assessments, including blood pressure monitoring, blood sugar testing, and general health counselling.

In addition to basic health services, the camp also focused on spreading awareness regarding preventive healthcare, sanitation, and nutrition. Medicines were provided free of charge to those who required them, and health-related pamphlets and educational materials were distributed to the participants.

VKNRL, Golaghat, contributed significantly to the success of the event by providing medical supplies and logistical support. The organizing team ensured smooth coordination, with volunteers from the NSS unit assisting in managing the crowd, registering participants, and guiding them through various health check-up stations.

The camp was highly appreciated by the local community, with many participants expressing gratitude for the free medical services and the opportunity to receive timely health interventions. The event not only served the immediate health needs of the population but also helped in fostering a sense of social responsibility and community well-being.

Snapshot of Free Health Camp on 6th June, 2024





Awareness cum Sensitization Programme on Girl Child and Physical Changes during Adolescence & Sexual Harassment and Legal provisions

The Women Cell and the IQAC organised a workshop on *Girl Child and Physical Changes during Adolescence & Sexual Harassment and Legal provisions on June 11, 2024* at Kamargaon Girls' High School, Golaghat. Focusing on critical issues affecting girl children, the event aimed to educate participants about the physical changes during adolescence and raise awareness about sexual harassment, alongside discussing relevant legal provisions. The basic objectives of the workshop were to inform students about the physical changes occurring during adolescence, discuss the implications of these changes in the context of personal health and social interactions and raise awareness about sexual harassment and empower students with knowledge of their legal rights. The workshop began with an introductory address by the organizers, highlighting the importance of understanding both physical and emotional changes during adolescence. In Session 1 on *Physical Changes During*

Mrs. Ankita Kalita led the first session, discussing the biological changes that occur during puberty, emotional and psychological aspects of adolescence and the significance of self-care and health awareness during this transformative period. Interactive activities included Q&A sessions where students expressed their concerns and shared experiences, fostering a supportive environment. In session 2 on Sexual Harassment and Legal Provisions Ms. Shamima Khanom Juna facilitated the second session, which covered definitions and examples of sexual harassment, the impact of harassment on mental health and educational pursuits and legal rights and provisions available to victims of sexual harassment, including relevant laws and support systems. The session encouraged students to speak up against harassment and provided practical advice on how to seek help. The workshop was wellreceived, with active participation from students. Many expressed gratitude for the information shared, noting that it empowered them to understand and navigate their adolescent years more confidently. The resource persons emphasized the importance of open communication with trusted adults regarding any issues faced. The workshop, in short, provided valuable insights into both the physical and emotional aspects of adolescence while addressing the pressing issue of sexual harassment. The collaboration between Kamargaon College and Kamargaon Girls' High School proved effective in fostering a safe and informative environment for young girls.

Snapshot of the Awareness Cum sensitization Programme on 11th

June, 2024





Awareness cum Sensitizing programme on Menstrual Hygiene and Girl Child at Mohuramukh High School

A workshop cum awareness programme on menstrual hygiene was conducted at Mohuramukh Higher Secondary School in Golaghat on June 15, 2024. The workshop was organized by the Women Cell in collaboration with the Internal Quality Assurance Cell (IQAC). The workshop aimed to educate and empower girl students about menstrual hygiene, break taboos surrounding menstruation, and promote health awareness. Through the workshop cum awareness programme, efforts were made to provide information on menstrual hygiene management, raise awareness about the importance of menstrual health, discuss myths and misconceptions related to menstruation and equip students with practical knowledge and skills for maintaining menstrual hygiene. The workshop was attended by 435 students from various grades, along with faculty members and representatives from the Women Cell and IQAC. In the inaugural session, Principal of Mohuramukh Higher Secondary School spoke briefly about the workshop and welcomed the Resource Persons namely Mrs. Mousumi Sinha, specialist for Mental Health, VKNRL, Golaghat and Dr. Karabi Saikia, doctor, VKNRL, Golaghat. The workshop included Presentation on menstrual hygiene, covering topics such as the menstrual cycle, hygiene practices, and the use of menstrual products and discussions of common myths and cultural stigmas associated with menstruation were held in the workshop. The event also comprised a practical demonstration on the use of sanitary products, including pads and menstrual cups. In the Q & A session, students raised queries related to menstrual hygiene, asked questions and shared their experiences. The workshop fostered an environment where students felt comfortable discussing menstruation and related issues and the participants gained a better understanding of the importance of maintaining menstrual hygiene for their health and well-being. It also helped in increasing awareness of the societal taboos and challenges faced by girls during menstruation and encouraging students to advocate for change. At the end of the workshop, Participants expressed gratitude for the knowledge shared and appreciated the opportunity to discuss issues that are often considered taboo. Many participants indicated a desire for follow-up sessions to further explore women's health topics.

Snapshot: Awareness Cum sensitization Programme on 15th June,

2024





Plantation Programme on Amrit Brikkha Andolan, Govt. of Assam

Kamargaon College, in collaboration with the NSS Unit and the Internal Quality Assurance Cell (IQAC), organized a plantation drive on September 19, 2023, under the **Amrit Brikkha Andolan** initiative, a govt. of Assam mission aimed at environmental sustainability and enhancing greenery across the country. The programme, held on the college campus, witnessed active participation from students, faculty members, and local community volunteers.

The event was organized in line with the Government of Assam's efforts to promote environmental conservation and increase the state's green cover. The plantation drive aimed to encourage students and faculty to engage in eco-friendly activities and contribute to the fight against climate change.

The event began with an informative session led by the coordinator of the NSS Unit, who emphasized the significance of planting trees, maintaining biodiversity, and ensuring ecological balance. The Principal of Kamargaon College, in his opening address, highlighted the role of educational institutions in promoting environmental consciousness and their responsibility in shaping a sustainable future for coming generations.

Over 20 saplings of various local species, including medicinal plants and fruit-bearing trees, were planted by the participants. The college campus was selected as a prime location for the drive to enhance its greenery and provide a clean, fresh atmosphere for both students and staff.

The event was concluded with a pledge to take collective action for protecting the environment and preserving nature. Participants expressed their commitment to nurturing the planted saplings and ensuring their growth. The successful event helped raise awareness about environmental preservation and contributed to the larger vision of creating a greener, healthier planet.

Snapshot of Amrit Brikkha Andolan on 19th Sept, 202





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Orunodoi Month 2022: NSS Volunteers participated as verification member for Orunudoi Verification process initiated by govt. of Assam

On September 24, 2022, NSS volunteers from Kamargaon College actively participated in the Orunodoi Verification Process, an initiative launched by the Government of Assam. The volunteers served as verification members, assisting in the accurate verification of beneficiaries under the Orunodoi scheme, a government program aimed at providing financial assistance to underprivileged families in Assam.

The NSS unit at Kamargaon College collaborated with local authorities to ensure smooth and effective verification, helping to cross-check the details of applicants and ensuring that the scheme reached eligible families. The volunteers played a pivotal role in gathering necessary documents, verifying information, and facilitating transparency in the process.

This initiative not only supported the government's welfare program but also helped foster a sense of civic responsibility among the students. The NSS volunteers' involvement in such community-driven activities is in line with the unit's goal of contributing to societal development.

Snapshote Orunodoi Programme on 15th June, 2022

Or unodoi Month' 22
Onte 24 - 09 - 22
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Unity Run 2022 organised by the NSS unit among the local people of Kamargaon College on the occasion of birth anniversary of Sardar Vallabh Bhai Patel

On October 31, 2022, Kamargaon College, in collaboration with the National Service Scheme (NSS) unit, organized a Unity Run to commemorate the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India. The event aimed to promote national integration and solidarity, emphasizing the importance of unity in diversity.

The Unity Run, which involved students, faculty, and local residents, began at the college campus and traversed key areas of the village. Participants displayed enthusiasm and vigor, reflecting the spirit of unity and national pride. The event also included slogans and placards highlighting Patel's contributions to the unification of India.

Through this initiative, the NSS unit sought to honor Sardar Patel's legacy while encouraging social harmony and active community participation. The event concluded with a pledge of unity, marking a successful and meaningful observance of the day.

Snapshota of Unity Run Programme on 31th Oct, 2022





PRINCIPAL PRINCIPAL KAMARIGAON COLI FGE KAMARIGAON-785012 KAMARIGAON-ASSAM GOLAGHAT. ASSAM NSS unit Kamargaon College conducted a Survey on youth *not in formal education or regular employment* at the adopted village Tarun Nagar to find out the actual number of unemployment in the village.

On March 27, 2023, the NSS Unit of Kamargaon College conducted a survey in the adopted village of Tarun Nagar to assess the number of youth not engaged in formal education or regular employment. The objective was to identify the actual unemployment rate and the educational status of the youth in the village.

The survey involved field visits and direct interactions with local households. Volunteers gathered data on the age, educational background, and employment status of young individuals aged 18-35 years. The findings revealed a significant number of youth were neither in formal education nor in regular employment, highlighting concerns about the lack of opportunities for skill development and employment in the region.

This survey will help in designing targeted interventions to enhance youth employability and educational access in Tarun Nagar. The NSS unit aims to collaborate with local authorities for remedial measures based on the survey results.

Snapshote of Survey of Youth Programme on 15th June, 2023

1

Survey of Youth Not in Formal Education or Regular Employement

Date 27-03-23

A special survey has been toking out at adopted village Torun Nagar by the NSS Volunteers of Kamargaan Eskege unit from 27th March' 23. It bessic aim of the survey was to find the village youths are found illiterate and unempleyed. The survey was aiming at the irregular and non-formal educated youths. In this survey. The surveyors were devided into five groups, six in each group. These groups covered about 65 households within four days. The survey had been completed a with a poor number of geports. Meximum youths were movined involved in Numaligarh Refinery Limited (NRL). But the volunteers joined and drived out the whole & survey survey with great yeal.

Signature of NSS volunteers -2023

Date: 27/03/2023

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22. Dayahlii Darei (B.A. 2nd Som.) Society pp.

23. Donal Sommah (B.A. 2nd Som.) Society pp.

24. Hiyanka Taid (B.A. 2nd Som.) History Dept.

24. Managal (Aanstuik (B.A. 2nd Som.) Society Dept.

My Karachar Reserve

Awareness and blood testing camp on blood donation on the occasion of World Blood Donor Day Celebration

On June 14, 2023, an awareness and blood testing camp was organized by the NSS Kamargaon College Unit in collaboration with VKNRL Hospital, Golaghat, to mark World Blood Donor Day. The event aimed to educate the public about the importance of voluntary blood donation and its life-saving potential.

The camp included informative sessions on blood donation, its benefits, and the process of blood testing, which were attended by students, faculty, and local residents. Medical professionals from VKNRL Hospital provided free blood tests, and volunteers were encouraged to donate blood after a thorough health screening.

The event witnessed active participation, with many individuals coming forward to donate blood. The camp served as an important platform for raising awareness about the critical need for blood donations and fostering a sense of community responsibility. The initiative was a success, contributing significantly to the local blood bank.

Snapshote of Blood Testing Camp Programme on 14th June, 2023



Celebration of World Blood Donor Day organized by NSS in collaboration with VKNRL Hospital, Numaligarh on 14-06-2023



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Felicitated Blood donors awarded sapling by VKNRL Hospital

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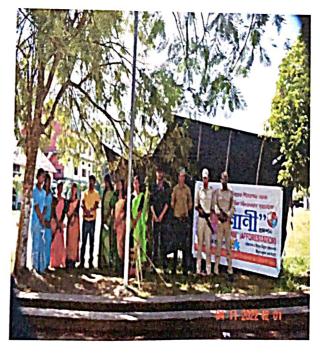
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Street Play titled BONANI (Eng. Trans.-Forest Conservation)

On November 4, 2022, Kamargaon College organized a street play titled "BONANI," performed by its enthusiastic students to raise awareness about biodiversity. The event aimed to highlight the importance of preserving the rich variety of life forms and ecosystems that surround us. The play was performed by a dedicated group of students, engaging a total of 387 participants. Through dramatic storytelling and expressive performances, they conveyed critical messages about the significance of biodiversity, the threats it faces, and the collective responsibility to protect it. The vibrant depiction of various species and ecosystems served to educate the audience on the interconnectedness of life and the role each organism plays in maintaining ecological balance. This initiative not only showcased the talents of the students but also fostered a sense of environmental stewardship among the community. The event was a significant step toward creating a more informed and proactive public regarding biodiversity conservation. The programme assisted in sensitizing local community and students about environmental degradation and the paramount importance of forest and biodiversity conservation.

Snapshota of Street Play on 14th June, 2023







Distribution of Grocery items, foots, pen-pencils story book to the children and Drawing competition among the child of the Child Care Home is organised on the occasion of Celebration of Children's Day

On the occasion of Children's Day, celebrated on November 14, 2022, a special event was organized by the Internal Quality Assurance Cell (IQAC) of Kamargaon College in collaboration with the Children Home, Bokakhat. The event aimed to celebrate the spirit of childhood and promote creativity among the young residents of the Child Care Home.

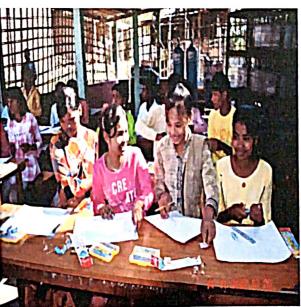
The programme began with the distribution of essential grocery items, including foodstuffs, as well as fruits, pens, pencils, and storybooks to the children. This gesture was aimed at supporting the children's daily needs and encouraging their reading habits, which are essential for their overall development.

Following the distribution, a drawing competition was held among the children, giving them an opportunity to showcase their artistic skills and imagination. The competition encouraged the children to express their creativity and celebrate the joy of being a child. Additionally, a quiz competition was organized, allowing the children to test their knowledge and engage in a fun, educational activity.

The entire event was met with great enthusiasm, as the children actively participated in all the activities. It was an enriching experience for both the children and the organizers, creating a memorable celebration of Children's Day. The programme not only provided necessary resources but also fostered a sense of happiness and community among the residents of the Child Care Home, Bokakhat.

Snapshota of Children's Day Programme on 14th Nov, 2022





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Street Play and Awareness programme on Rhino conservation on the occasion of World Rhino Day observation

Event: Street Play on Rhino Conservation

Date: September 22, 2022

Organizers: Internal Quality Assurance Cell (IQAC) & Kaziranga National Park

Occasion: World Rhino Day

On the occasion of World Rhino Day, a captivating street play titled "Rhino Conservation" was organized by the IQAC in collaboration with Kaziranga National Park. This engaging performance aimed to raise awareness about the critical plight of rhinos and the importance of their conservation. The play featured a vibrant cast of performers from the Kaziranga National Park who brought to life the struggles faced by rhinos due to poaching, habitat loss, and climate change. Through a blend of drama, music, and dialogue, the narrative emphasized the symbiotic relationship between rhinos and their ecosystem, highlighting their role in maintaining biodiversity. Audience members were not only entertained but also educated about conservation efforts and the urgent need to protect these magnificent creatures. The play served as a rallying call for community involvement, encouraging everyone to participate in conservation initiatives and to advocate for stronger protective measures. The event was well-received, fostering discussions among attendees about the steps individuals and communities can take to support rhino conservation. It underscored the message that the survival of rhinos is intertwined with the health of our planet, inspiring hope and action for future generations. The initiative helped in promoting environmental awareness and foster a sense of responsibility toward wildlife conservation. All the 330 participants understood their role in safeguarding rhino from the hands of poachers through co-ordination with the park authority.

Snapshota of Street Play Programme on 22th Sept, 2022





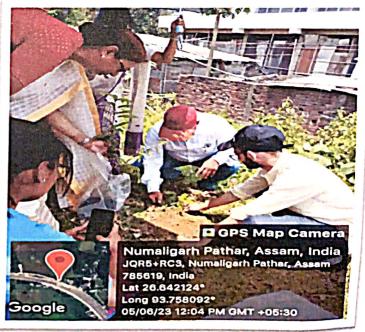
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Celebrating World Environment Day at neighboring areas of Kamargaon on 05.06.2023

On June 5, 2023, the Women Cell of the college organized a vibrant celebration of World Environment Day in the neighboring areas of Kamargaon. This event aimed to raise awareness about environmental issues and promote sustainable practices within the community. To symbolize our commitment to the environment, a tree planting ceremony was conducted near the National Highway 37. Participants planted various saplings, emphasizing the importance of greenery in combating climate change and improving air quality. The Women Cell's initiative on World Environment Day was a significant step, fostering community engagement and spreading awareness about the importance of protecting our planet. The collective efforts of students and local residents have paved the way for a more sustainable future in Kamargaon.

Snapshote of World Environment Programme on 5th June, 20233







2021-2022

Daylong training programme on Mushroom Cultivation

A Daylong Training Programme on Mushroom Cultivation was organized by the Internal Quality Assurance Cell (IQAC) on March 1, 2022. The training aimed at promoting sustainable farming practices and enhancing knowledge on mushroom cultivation techniques. Mr. Pranjal Baruah, Secretary of the Mushroom Development Foundation, Guwahati, served as the resource person for the event.

Mr. Baruah provided insightful guidance on the basics of mushroom farming, including substrate preparation, inoculation techniques, and maintaining optimal growing conditions. He also addressed the various health benefits and commercial potential of mushroom cultivation.

The session was highly interactive, with participants engaged in practical demonstrations and discussions. By the end of the training, attendees gained valuable skills that could be applied to both small-scale and large-scale mushroom farming initiatives. The event concluded with a Q&A session, where Mr. Baruah clarified the participants' queries.

Snapshot; of Mushroom Cultivation Programme on 1st March, 2022







General Health Checking camp in the college campus for the students, Staff and Local People

A General Health Check-up Camp was organized on March 29, 2022, by the Internal Quality Assurance Cell (IQAC) in collaboration with VKNRL, Golaghat, for the students, staff, and local community. The camp aimed to provide free health check-ups, raise awareness about preventive healthcare, and promote overall well-being.

A total of 68 participants, including students, staff, and local residents, attended the camp. Medical professionals from VKNRL conducted thorough check-ups, offering consultations on general health, blood pressure monitoring, blood sugar testing, and other essential screenings. Health-related guidance and advice were also shared, empowering individuals to take proactive steps towards improving their health.

The camp was a great success, providing valuable healthcare services to the participants and fostering a sense of community health awareness. The collaboration between IQAC and VKNRL played a key role in the smooth organization of this event.

Snapshot of General Health Checking Camp on 29th March, 2022







A Conversessional programme with the Local veteran persons *Bujur gon Ke*Sath Desh Ki Bat on the occasion of Azadi Ka Amrit Mohuatsav.

On September 30, 2021, the NSS organized a meaningful conversational program titled "Bujur Gon Ke Sath Desh Ki Bat" as part of the Azadi Ka Amrit Mahotsav celebrations. The event aimed to connect local veterans and elderly citizens with the younger generation to share experiences and reflections on India's journey to independence.

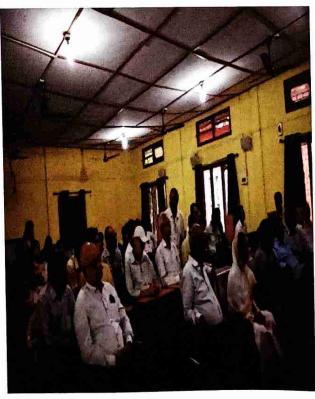
Veterans from different walks of life were invited to speak about their personal stories, struggles, and sacrifices during the freedom movement. Their narratives provided valuable insights into the nation's past and the essence of independence.

The interaction fostered a sense of gratitude among the youth, who listened intently and engaged with the speakers. The event not only honored the contributions of the older generation but also instilled a deep sense of patriotism and national pride in the participants.

The program concluded with a heartfelt tribute to the freedom fighters and veterans.

Snapshot of Conversessional Programme on 30th Sept, 2021





KAMAT GACN TBEOTH KAMAT GAON TBEOTH KAMAT GAON TASSAM

Programme on Awareness and Cleanliness drive: collection and disposal of waste plastics with the help of Bokakhat Municipal Board under Clean India Campaign 7-day workshop

A seven-day workshop on the collection and disposal of waste plastics was successfully organized by the NSS unit of Kamargaon College in collaboration with the Bokakhat Municipal Board, as part of the Clean India Campaign. The event, held from October 26 to October 31, 2021, aimed to raise awareness about the harmful effects of plastic waste and engaged local promote responsible waste management practices. The workshop communities, students, and municipal authorities in a series of activities designed to educate participants on the importance of reducing plastic usage, segregating waste, and promoting recycling. Volunteers, under the guidance of experts from the Bokakhat Municipal Board, actively participated in a cleanliness drive in various localities of Bokakhat, focusing on the collection and disposal of plastic waste. Throughout the week, informative sessions and hands-on activities were conducted to equip participants with the skills and knowledge needed to effectively manage plastic waste. The event fostered a sense of responsibility among the participants, contributing significantly to the goal of a cleaner and greener environment. This initiative was a meaningful contribution to the Clean India Campaign and highlighted the importance of community involvement in tackling environmental challenges.

Snapshot of Cleanliness Drive Programme on 31st Oct, 2021







NSS 7 day Special workshop Camp at Adopted village Tarun Nagar

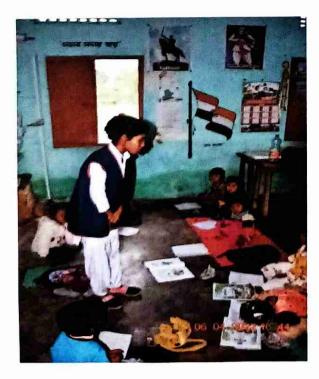
The NSS unit organized a 7-day Special Workshop Camp at the adopted village of Tarun Nagar from April 4 to 10, 2022, aiming to uplift the local community through various constructive activities. The camp's primary focus was on education, environmental conservation, and skill development.

The volunteers conducted a **survey on dropout students** in the village, identifying factors contributing to the issue and suggesting strategies for re-enrollment and retention. In parallel, **remedial teaching sessions** were organized to assist underperforming students, enhancing their academic performance. An important environmental initiative was the **plantation program**, where volunteers planted trees at various locations across the village, promoting sustainability and raising awareness about environmental conservation.

In the infrastructure domain, the volunteers contributed to the **construction of a boundary** wall around the village Namghar, enhancing its security and aesthetic appeal. A unique feature of the camp was the **training program on beekeeping**, where experts introduced villagers to the basics of beekeeping, empowering them with skills for potential income generation and promoting agricultural sustainability.

The camp proved successful in fostering community development, skill enhancement, and environmental awareness, with the active participation of both NSS volunteers and the local villagers.

Snapshot of NSS 7 Days Special Programme on 1st March, 2022





KAMANGAON-795012 GOLAGHAT, ASSAM

Cleanliness Drive at Kaziranga National Park

Undertaking a cleanliness drive and Celebrating World Environment Day at Kaziranga National Park on 4th & 5th June 2022 by the NSS Unit of Kamargaon College proved a meaningful experience for the students and all others involved owing to the park's rich biodiversity and significance in wildlife conservation. Under this programme, cleanliness drives were held at the Kaziranga National Park at NH 37 along with plantation. Such initiatives not only fostered a sense of responsibility among students but also contributed to the conservation efforts of this UNESCO World Heritage Site.

Snapshot of Cleanliness Drive Programme on 4th & 5th June, 2022





KAMANGHAT, ASSAM

2020-2021

Washing Soap, Sanitizer Distribution to the people of adopted village Tarun Nagar And organized Coronavirus Awareness programme

On June 6, 2020, the NSS Unit of Kamargaon College organized a distribution drive and awareness program at the adopted village of Tarun Nagar in response to the ongoing COVID-19 pandemic. The initiative aimed to promote hygiene and health safety among the villagers.

Washing soaps and sanitizers were distributed to over 200 households to encourage proper hand hygiene, an essential preventive measure against the virus. In addition, an informative session was conducted to raise awareness about the symptoms, preventive measures, and the importance of maintaining social distancing and wearing masks.

The event saw active participation from the villagers, with many expressing gratitude for the support in these challenging times. The program was a significant step in educating the community and providing essential supplies to protect against the coronavirus.

The NSS unit's efforts helped in enhancing the overall well-being and awareness of the rural population.

Snapshot of Washing Soap, Sanitizer Distribution Programme on

16th June, 2020



KAMANGHAT. ASSAM

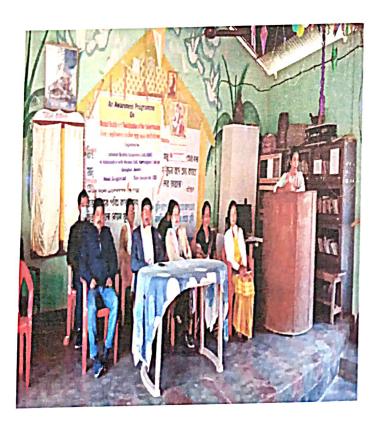
Mental Health And Socialization Of Jail Inmates

Awareness progarmme on Mental Health and Socialization of Jail Inmates

On 4th January, 2021, an Awareness Programme on Mental Health and Socialization of Jail Inmates was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with the Women Cell of Kamargaon College. The programme aimed to address the critical issues surrounding the mental health and social reintegration of inmates. Esteemed professionals Bulti Saikia, Clinical Psychologist, and Jyotsna Kalla, Counsellor, served as the resource persons for the event. The event commenced with a welcome address by Anjan Saikia, the Coordinator of IQAC, who emphasized the significance of mental health awareness and the need for support systems for incarcerated individuals. The resource persons mental health among improving strategies for practical provided includingCounseling and Therapy, Skill Development Programs and Mindfulness and Stress Management. Participants actively engaged in discussions, asking questions and sharing their insights on mental health and rehabilitation challenges faced by jail inmates. The interactive format facilitated a supportive environment for knowledge exchange and brainstorming.

Snapshote of Mental Health and Socialization Programme or

January, 2021





KAMATIGAON-785013 KAMATIGAON-785013 KAMATIGAON-785013

Awareness & Sensitization Programme at Tarun Nagar: Rural Livelihood and Employment

On 23rd December, 2020, an Awareness & Sensitization Programme focused on Rural Livelihood and Employment was organized by the Internal Quality Assurance Cell (IQAC) at Tarun Nagar. The initiative aimed to inform and empower rural communities about various livelihood opportunities and employment schemes available to them. The program featured Mr. Utpal Doley, ACS, Additional Deputy Commissioner of Golaghat, as the resource person.Mr. Doley began by discussing the current scenario of rural livelihoods in Assam and the challenges faced by rural communities, such as unemployment and underemployment.He provided an overview of various livelihood options available, including agriculture, handicrafts, and small-scale industries. Participants actively engaged in the discussions, asking questions and sharing their experiences related to livelihood challenges and opportunities. The interactive nature of the session fostered a collaborative atmosphere, encouraging participants to express their views and suggestions.

Snapshot of Rural Livelihood and Employment Programme on 23rd

Dec, 2020

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Fire Safety

Awareness Programme on Fire Safety

On 25.01.2020, an awareness program on fire safety was organized by the Internal Quality Assurance Cell (IQAC) of Kamargaon College in collaboration with the Bokakhat Fire Brigade. The event aimed to educate students and staff about fire safety measures, prevention techniques, and emergency response strategies. The resource person for the program was Mr. Bidya Singh Bey, the Station Officer at the Bokakhat Fire and Safety Station. Mr. Bey began his presentation by discussing the fundamental principles of fire safety. He emphasized the importance of understanding fire behaviour, the common causes of fires, and the significance of having fire safety equipment readily available. Following the presentation, Mr. Bey conducted a live demonstration on the use of a fire extinguisher. Participants learned how to operate a fire extinguisher correctly. This hands-on session allowed students to practice the techniques under supervision, enhancing their confidence in handling fire emergencies. The fire safety awareness program organized by the IQAC and the Bokakhat Fire Brigade was a valuable initiative that provided essential knowledge and skills to the Kamargaon College community.

Snapshot^e of Fire Programme on 25th Jan, 2020

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