

2020-2021

Washing Soap, Sanitizer Distribution to the people of adopted village Tarun Nagar And organized Coronavirus Awareness programme

On June 6, 2020, the NSS Unit of Kamargaon College organized a distribution drive and awareness program at the adopted village of Tarun Nagar in response to the ongoing COVID-19 pandemic. The initiative aimed to promote hygiene and health safety among the villagers.

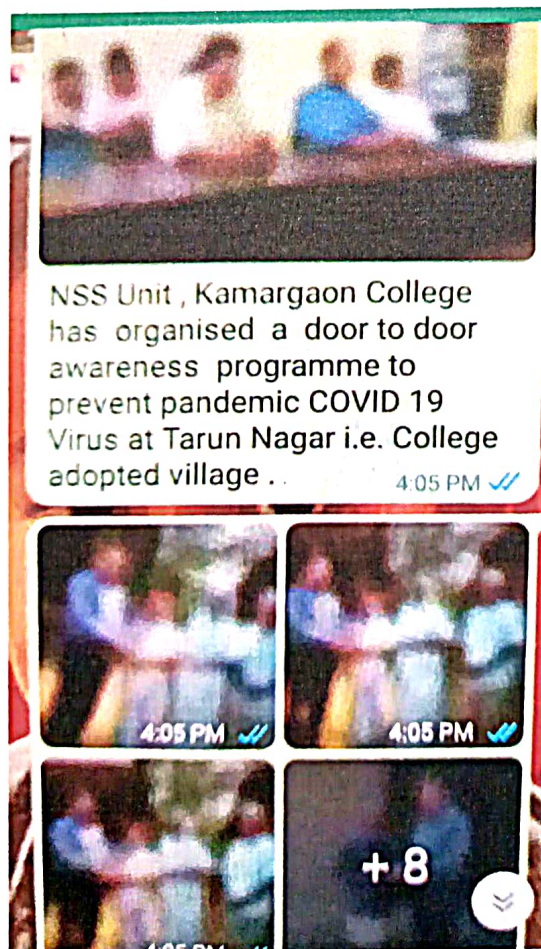
Washing soaps and sanitizers were distributed to over 200 households to encourage proper hand hygiene, an essential preventive measure against the virus. In addition, an informative session was conducted to raise awareness about the symptoms, preventive measures, and the importance of maintaining social distancing and wearing masks.

The event saw active participation from the villagers, with many expressing gratitude for the support in these challenging times. The program was a significant step in educating the community and providing essential supplies to protect against the coronavirus.

The NSS unit's efforts helped in enhancing the overall well-being and awareness of the rural population.

Snapshot of Washing Soap, Sanitizer Distribution Programme on

16th June, 2020



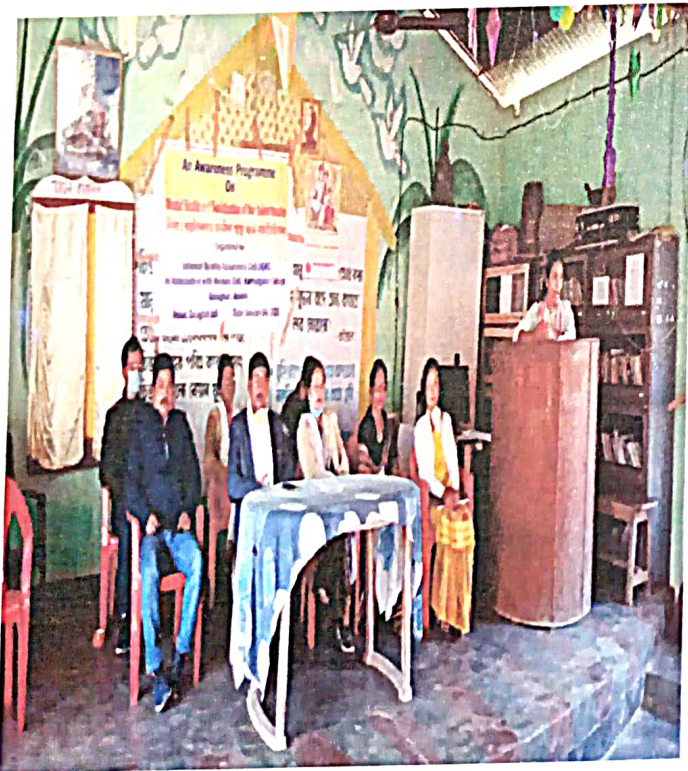
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KAMARGAON-785019
GOLAGHAT, ASSAM

Mental Health And Socialization Of Jail Inmates

Awareness programme on *Mental Health and Socialization of Jail Inmates*

On 4th January, 2021, an **Awareness Programme on Mental Health and Socialization of Jail Inmates** was organized by the Internal Quality Assurance Cell (IQAC) in collaboration with the Women Cell of Kamargaon College. The programme aimed to address the critical issues surrounding the mental health and social reintegration of inmates. Esteemed professionals Bulti Saikia, Clinical Psychologist, and Jyotsna Kalla, Counsellor, served as the resource persons for the event. The event commenced with a welcome address by Anjan Saikia, the Coordinator of IQAC, who emphasized the significance of mental health awareness and the need for support systems for incarcerated individuals. The resource persons provided practical strategies for improving mental health among inmates, including **Counseling and Therapy, Skill Development Programs and Mindfulness and Stress Management**. Participants actively engaged in discussions, asking questions and sharing their insights on mental health and rehabilitation challenges faced by jail inmates. The interactive format facilitated a supportive environment for knowledge exchange and brainstorming.

Snapshot of Mental Health and Socialization Programme on January, 2021



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Awareness & Sensitization Programme at Tarun Nagar: Rural Livelihood and Employment

On 23rd December, 2020, an Awareness & Sensitization Programme focused on Rural Livelihood and Employment was organized by the Internal Quality Assurance Cell (IQAC) at Tarun Nagar. The initiative aimed to inform and empower rural communities about various livelihood opportunities and employment schemes available to them. The program featured Mr. Utpal Doley, ACS, Additional Deputy Commissioner of Golaghat, as the resource person. Mr. Doley began by discussing the current scenario of rural livelihoods in Assam and the challenges faced by rural communities, such as unemployment and underemployment. He provided an overview of various livelihood options available, including agriculture, handicrafts, and small-scale industries. Participants actively engaged in the discussions, asking questions and sharing their experiences related to livelihood challenges and opportunities. The interactive nature of the session fostered a collaborative atmosphere, encouraging participants to express their views and suggestions.

Snapshot of Rural Livelihood and Employment Programme on 23rd

Dec, 2020

23-12-2020

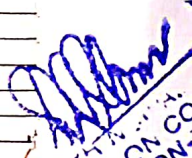
IQAC organised Awareness cum sensitization Programme at the MODEL VILLAGE TARUN NAGAR

Signature of the attendees / Members

1. UTPAL DOLEY ACS, ADC, Golaghat
2. GOURI ROYCHOUDHURY, JAMUNAGANJ COLLEGE
3. Near Guwahati, Jay Muliga Mahua G.P.
4. Bidyut Dey, Kamrupa College
5. Nitul Ka Borah, Kamrupa College
6. Jyoti Borah, Kamrupa College
7. Madhura Devi Borah (Student Society branch) Jyoti Borah
8. Dipankar Bishwakarma (Department of Zoology - Bid and Sem)
9. Gauri Borah (B.A. 3rd Sem)
10. Pratiksha Borah (B.A. and Sem)
11. Anurag Borah (B.A. and Sem)
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 UTPAL DOLEY
 ADDITIONAL DEPUTY COMMISSIONER
 GOLAGHAT, ASSAM